

FIRST AID COURSES
AUTUMN 2021

BASIC FIRST AID AWARENESS (2.5 hours) - Non-Accredited First Aid Workshop

Participants will be equipped with an awareness of the basic skills and knowledge, enabling them to deliver lifesaving actions until further qualified medical assistance is available.

There is no formal assessment; however, the workshop will be delivered in a variety of formats and teach candidates to demonstrate:

- Basic CPR techniques – Adult/Child – Demonstration of CPR with and without rescue breaths (candidates to be given the opportunity to ‘have a go’ delivering compressions only CPR on Adult or Child)
- Recovery position – Demonstration subject to a candidate being happy to act as the casualty (candidates given the opportunity to ‘have a go’ on each other)
- Head injuries - Call for assistance and when to move a casualty or leave them where they are – bumps, lumps, swelling, bleeds
- Minor bleeding – grazes and direct pressure – Demonstration of the application of dressings/bandages
- Casualty handling/moving – discussion
- Medical conditions – asthma/diabetes/breathing difficulties (optional)
- Use of auto -injector (optional)

Suitable for all staff who require an awareness of first aid. Upon successful completion of the course participants will be awarded a Certificate of Attendance.

Date: Thursday 4th November

Time: 9.30am-12.00pm

Venue: Broadfield Academy, Windmill Road, Hemel Hempstead, Herts, HP2 4BX

Cost: £25 per delegate, including refreshments

PAEDIATRIC FIRST AID (2 days)

The IQL Level 3 Paediatric First Aid covers a wide range of CPR and first aid skills related to children, providing the participant with the skills to ensure a safe environment for children and infants. The qualification is Ofqual accredited and valid for three years.

The course comprises of practical work and theoretical classroom work, as well as a practical assessment on CPR and first aid. Paediatric First Aid is trainer assessed throughout the course and the assessment should determine a candidate’s ability to act safely, promptly and effectively when an emergency occurs at work and to deal with a casualty.

Dates: Tuesday 16th November & Wednesday 17th November

Time: 8.30am-3.30pm each day

Venue: Broadfield Academy, Windmill Road, Hemel Hempstead, Herts, HP2 4BX

Cost: £155 per delegate, including refreshments and lunch (menu to be provided in advance)

FREE BOLT-ON - Anaphylaxis Module - Course cost normally £55

This will apply to anyone attending this accredited course. The module will be offered at the end of the second day and is expected to last approximately 1 hour.

EMERGENCY PAEDIATRIC FIRST AID (6 hours)

The IQL Level 3 Emergency Paediatric First Aid covers a wide range of CPR and first aid skills related to children, providing the participant with the skills to ensure a safe environment for children and infants. The qualification is Ofqual accredited and valid for three years.

The course comprises of practical work and theoretical classroom work, as well as a practical assessment on CPR and first aid. Emergency Paediatric First Aid is trainer assessed throughout the course and the assessment should determine a candidate's ability to act safely, promptly and effectively when an emergency occurs at work and to deal with a casualty.

A range of subjects are covered including:

- Understanding the role of the paediatric first aider
- How to provide first aid for an infant and a child who is unresponsive and not breathing normally
- How to use an AED
- How to provide first aid to an infant and a child who is suffering from shock
- How to assess an emergency situation and act safely and effectively
- How to provide first aid for an infant and a child who has a foreign body airway obstruction
- How to provide first aid for an infant and a child who is unresponsive and breathing normally
- How to provide first aid to an infant and a child who is wounded and bleeding

Date: Thursday 18th November

Time: 8.30am-3.30pm

Venue: Broadfield Academy, Windmill Road, Hemel Hempstead, Herts, HP2 4BX

Cost: £115 per delegate, including refreshments and lunch (menu to be provided in advance)

To secure a booking, please email thetrainingcentre@aspireacademies.org.uk with the following information:

- Course Title
- Delegates' Full Name
- Delegates' Direct Email Address (for registration and certification)
- School Contact Details (for invoicing)

